



### **The Georgia School Age Care Association (GSACA)'s Currently Available and Approved Training**

- All training is tied to the National After-School Association (NAA) Standards for Quality Care for children and youth 5-14 years old.
- Trainings approved by the Department of Early Care and Learning (DECAL) are identified by the \* symbol.
- Trainings approved by the Department of Human Resources (DHR) are identified by a + symbol.
- Trainings outlined below can be easily modified to meet specific program needs.
- Other trainings can be developed based on specific program needs.

#### **Quality Area # 1: Human Relationships**

- ❖ Balance Centers, Peace Places, and Other Creative & Empowering Approaches to SAC Discipline
- ❖ Choices, Choices, Choices: Meeting the Needs of Individuals in a Group Setting +
- ❖ Cultivating Meaningful Relationships in After School Care +
- ❖ Human Relationships in School Age Care +
- ❖ Implementing an Effective Behavior Guidance Program in After School Programs +
- ❖ Motivating Kids in the Middle - A Track for Middle School Children
- ❖ From Start to Finish- A look at the Whole Child
- ❖ Supporting Children and Families as they move into School-Age Care
- ❖ “Who Has the Power?”-Creating an Accepting School Age Care Environment

#### **Quality Area # 2 & 3: Indoor/Outdoor Environment**

- ❖ Designing your School-Age-Space

#### **Quality Area # 4: Activities**

- ❖ Academic Enrichment for Youth
- ❖ Homework Assistance in the School Age Care Program +
- ❖ Laying the Foundation - Scheduling and Theme Planning +
- ❖ Beg, Borrow & Bargain: Accessing Materials to Support Activities in School Age Care Programs
- ❖ Community Service Learning with a Twist or Learning to Care Through Service
- ❖ “Transition Smoothies”: Activities & Strategies for Trouble-Free SAC Summer Program

#### **Quality Area# 5: Safety, Health & Nutrition**

- ❖ “Snack Attack”: Providing Good Nutrition in After School Programs+
- ❖ Supervision Techniques: Keeping Children & Youth Safe in After School Programs
- ❖ **“Recipes for Success” – Nutrition and Physical Fitness developed by the California Adolescent Nutrition and Fitness Program and available in both standard and Train-The-Trainer modules**

#### **Quality Area# 6: Administration**

- ❖ Developing a Summer Day Camp Program
- ❖ “From Handshakes to Hugs”: Icebreakers and Team Builders for Staff +
- ❖ Fostering a Learning Environment for After School Staff +
- ❖ “It Takes a Village to Raise a Village” - Building an Effective Staff Team in Your School Age Care Program
- ❖ Leadership in School Age Care: Engaging Staff in Active Participation +
- ❖ Reach Toward the Stars for Quality in School Age Care +
- ❖ Nurturing Caregivers - Motivation and Staff Retention
- ❖ “The Great Round Up!” - Creating Opportunities for Parent Involvement in School Age Care Programs
- ❖ “Recipes for Success” – Nutrition and Physical Fitness developed by the California Adolescent Nutrition and Fitness Program and available in both the standard training format as well as Train-The-Trainer

#### **New Offerings.....**

## Quality Areas # 1 through 6: Comprehensive Quality

We are also extremely excited to present the first phase of our recently developed and approved School Age and Youth Training Series (SATS) which provides training that addresses *all six areas of quality* as outlined by NAA *and all seven competency areas* outlined in the Professional Development Competencies set forth by The Georgia Child Care Training Approval System. This training offers professionals the full State requirement for 10 hours of annual professional training.

- ❖ Introduction to Quality – A Beginner’s Look at Across-the-Board Program Improvement for School Age Care Programs (1<sup>st</sup> in SATS Series with additional modules to be offered for intermediate and advanced professionals or those having already completed Intro.) \*

**Additionally, the much revered Middle School Model for School Age programming – *The 3:00 Project* (developed and implemented by GSACA) offers age specific training in all six areas of quality.**

- ❖ The 3:00 Project – How to Implement a Quality After School Program for Middle School Youth. Includes Curriculum and Program Assessment tool for the physical, social, emotional, intellectual and spiritual development of the early adolescent. †

## Available Soon.....

New and improved modules are always in development at GSACA.

In the near future, we are looking forward to offering a new and improved **Nutrition and Physical Activity** module specifically designed to target the growing number of obese youth as well as those children receiving less and less physical activity during the school hours due to streamlined recess and eliminated or reduced physical education programming.

Also, Part II and III of the School Age and Youth Training Series (SATS) which provides training that addresses *all six areas of quality* as outlined by NAA *and all seven competency areas* outlined in the Professional Development Competencies set forth by The Georgia Child Care Training Approval System is forthcoming. These trainings will offer professionals the full State requirement for 10 hours of annual professional training and will provide an **Overview to School Age Quality for the Intermediate and Advanced School Age Professional**. These modules will provide the second phase of the SATS professional development series (2<sup>nd</sup> and 3<sup>rd</sup> module of SATS Series).

- \* Trainings approved by the Department of Early Care and Learning (DECAL).
- † Trainings approved by the Department of Human Resources (DHR)

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