

West Georgia RESA's
Safe & Drug Free Schools
3rd Annual Health and
Wellness Week



June 2 - 6, 2008
Morning Sessions 8:30 - 11:30



<u>Monday:</u>	<u>Tuesday:</u>	<u>Wednesday:</u>	<u>Thursday:</u>	<u>Friday:</u>
Secrets of the Streets: Surprising Trends in Youth Drug Abuse	Financial Health: Personal Finances & Retirement	Managing the Stress in our Lives: Breathing, Stretching, & Yoga	Keeping Kids Safe at School and on the Streets	Addressing Bullying Behavior with Classroom Meetings
Isabel Burk, Healthnetwork.org	Beth McMillan, Consumer Credit Services and Mike Zarem, TRS	Andrea Tharpe, Nurse w/ Troup County Schools	Panel of local law enforcement and educators	Mary Johnson

Our Health and Wellness Week will take a comprehensive look at the health & wellness of both teachers and students by examining non-academic barriers to issues that affect student achievement. Participants who come for the entire week can earn credit towards PLUs!!!

Cost: \$10/15 per session (Lunch will be provided)

To register or for more information:
log onto www.garesa.org and click on SDFS 3rd Annual Health and Wellness Week or you can click on each session for more information.

Location: West Georgia RESA
99 Brown School Drive
Grantville, GA 30220



June 2 - 6, 2008
Afternoon Sessions 12:30 - 3:30

<u>Monday:</u>	<u>Tuesday:</u>	<u>Wednesday:</u>	<u>Thursday:</u>	<u>Friday:</u>
Afternoon Session continued from Morning Session	Preparing Our Kids for a World of Difference	Health & Nutrition in the High Tech Classroom	Facing the Underage Drinking Problem	Public Health Issues Facing Our Youth: Teen Pregnancy, STD's, AIDS
(see above)	Dawn Oparah, Amadi Leadership Associates	Dr. Barbara Bishop, West Georgia ETTC	Cindy Finck, Cobb County Underage Drinking Task Force	John Darden, District 4 Health