

**7th Annual Summit on Substance Abuse,
Mental Health and School Safety/Discipline
Best Practices for Working with Youth
March 4-7, 2012
Agenda**

Sunday, March 4th – Pre-Conference
Pre-Conference Workshop

- 4:00 – 5:30 **Summit Registration**
- 4:45 **Workshop Proctor Training**
- 5:30 **Dinner Reception – Ken Wooden, Child Lures Prevention**

Monday, March 5th

7:00 – 8:00 **Registration and Continental Breakfast provided** **Longleaf Pre-function**

8:00 – 9:15 **Plenary** **Longleaf ABCD**

Welcome & Opening Remarks:

GA Dept. of Behavioral Health & Developmental Disabilities – Commissioner Frank Shelp
Georgia Department of Education –
Georgia Department of Juvenile Justice – Commissioner
Southeast Addiction Technology Transfer Center – Dawn Tyus, Executive Director
Student Assistance Professionals Association of Georgia –
Georgia Council on Substance Abuse – Neil Kaltenecker, Executive Director

9:30 – 10:45 **Morning Concurrent Sessions A**

1. Reaching Difficult Kids and Families - David Anderson

This workshop is for any professional who wants to significantly impact kids and families. Dr. Anderson will address topics such as strengthening character, assessing children and adolescents using a balanced-person model, understanding kids beyond their outward behavior, making progress with the most resistant clients/students, and creative bridge-building with children and adults. Participants will leave this seminar encouraged, highly motivated and equipped with the tools necessary to help those they serve.

2. Sexually Transmitted Diseases including HIV/AIDS – Dom Splendorio

This workshop will introduce the National Health Education Standards and link how the National and State Standards form the basis for curriculum planning, instructional strategies, and assessment with regard to STD's and HIV/AIDS. There will be a brief update on National and State statistics regarding these disease. The bulk of this workshop will involve participants in over a dozen engaging experiential, student-centered lessons and learning activities related to STD's and HIV/AIDS.

3. Suicide Training of Trainers – By Invitation Only

4. Exploring Ethics in the Prevention Field 2020 – Ari Russell

This workshop provides an overview of the ethical dilemmas that prevention professionals encounter. Using the Prevention Think Tank Code of Ethics from the National Association of Prevention Professionals and Advocates (NAPPA) as framework, participants will: Identify standards of conduct for prevention professionals; set professional goals with the prevention ethics standards in mind; and, use a method of decision-making for difficult ethical situations in prevention. Using interactive methods that encourage and support adult learning, ethical principles will be explored. This workshop satisfies the requirements of the PCCG for prevention ethics training.

5. Bipolar Disorder: Symptoms, Causes and Treatments– Gary Dudley

This workshop will familiarize participants with symptoms associated with bipolar disorder, the prevalence of the disorder in our culture, and etiological factors thought to underlie the manifestation of this serious mental disorder.

6. The Adolescent Brain and Chemical Dependency – Mike Nerney

Recent research indicates that the timeframe from 14 years to 24 years of age is exceptionally risky. New insights into brain development, gained with the use of new technology, demonstrate specific conditions that exist in the brain only during adolescence. Linking this research to the stages of adolescent development has generated better understanding of the way in which adolescents perceive the world, themselves, and their behaviors. Participants in this workshop will explore the connections between kids, alcohol/drugs, the motivation for these connections in light of new research, and discuss possible treatment and intervention strategies for adolescents.

7. Prevention Ethics – Deanne Bergen

Please read this description carefully. This course satisfies the recertification requirements for the Prevention Credentialing consortium of Georgia (PCCG). **All participants must have previously taken the 6 hour "Exploring Ethics in the Prevention Field 2020". If you are not currently certified by the PCCG, you may not take this workshop.** Participants will be engaged in group discussion and case studies according to the ethical decision making model and the Prevention Think Tank Code of Ethics.

8. Child Safety – Ken Wooden

This workshop will focus on the importance of teaching kids about healthy social relationships, as well as safety information related to drugs and alcohol, bullying, harassment, relational violence, peer exploitation and e-crimes such as cyberbullying, sexting and identity theft.

9. Seven Challenges – By Invitation Only

10. Psychopharmacology – David Turpin

This session will review the history, symptoms of use/abuse of the most widely used/abused "Street Drugs," including pharmaceuticals. Participants will be able to identify different drug categories, define popular "slang terms" and dispel some common myths. This will be an interactive session and hopefully a fun-filled learning experience. By the way do you know what "Capitan Cody" is? If not come and learn, if so come and share. Or how do you respond when someone says "Yo, you got any Sense"?

10:45 – 11:00 **Break** – Snacks provided

Longleaf Pre-function

11:00 – 12:15 **Morning Concurrent Sessions B**

1. HIV/AIDS - continued

2. Suicide Training of Trainers - continued

3. The Adolescent Brain and Chemical Dependency - continued

4. Prevention Ethics –continued

5. Office of Child Advocate, Child Fatality Review Division – Wende Parker

This workshop will include an overview of child fatality data for children under 18 years of age. Trend data will offer indications for cause of death related to circumstances related to child and family, and prevention planning for the local communities. Data presented will offer specific details on suicides, homicides, unintentional injuries, and medical deaths. Group work will offer an opportunity to work through age group specific brainstorming on prevention programs to help reduce fatalities to our children.

6. Exploring Ethics 2020 – continued

7. From Film Canisters to Fake Highlighters – Vivian B. Baldwin, RN

This workshop will discuss that all drugs are not hidden obvious places or coming from your local pharmacy. Students are smarter than you think.

8. Seven Challenges – continued

9. Psychopharmacology – continued

10. Connecting School Climate to Student Outcomes: An analysis of school climate on student behavioral and achievement outcomes – Dennis Kramer

Most educators will agree that student success is affected by the development of a positive school climate and in an increase in student attendance. However, there exists a lack of analytical evidence estimating the impact of student attendance and school climate on student academic achievement. This presentation addresses both the effects of student-level attendance and school level on student achievement and behavioral outcomes.

12:15 – 1:45

Lunch - Tara Connor

2:00 – 3:15

Afternoon Concurrent Sessions C

1. Reaching Difficult Kids and Families -repeat of A-1

2. HIV/AIDS - continued

3. Depression in Adolescents – Gary Dudley

This informative workshop will acquaint participants with the characteristics of adolescent depression, epidemiological information and statistics, comorbid disorders and risk factors.

4. Exploring Ethics 2020 – Ari Russell (continued)

5. Adolescent Abuse of Prescription Drugs and Over the Counter Pharmaceuticals – Mike Nerney

Dramatic increases in abuse of prescription and over-the-counter (OTC) medications have been noted among people of all ages in the past decade, especially young people. What factors are influencing this trend? Where do they get medications? What risk factors are involved in prescription and OTC drug abuse? These issues will be discussed in a lively session. At the end of the session a short overview of the current statewide prescription drug prevention initiative will be provided.

6. Real Communities, Real Voices – Mary Kate Chapman

From development to sustainability, learn firsthand how to get involved with Georgia Teen Institute youth action teams. Youth Action Team representatives from across the state will provide real examples and resources implemented by youth in their communities. Get ready for a hands-on and interactive workshop that will show you how you can bring this all back to your community.

7. Suicide Training of Trainers

8. Seven Challenges – continued

9. Psychopharmacology – continued

10. Dating Violence – Nicole Lesser

This workshop will explore the subject of addressing teen dating violence in schools. Presentation points will include an overview of teen dating violence dynamics, challenges for the educational system in addressing teen dating violence, response techniques, model school policies and procedures, and why a statewide response is important. During facilitated conversations and role plays, participants will assess their current knowledge of the issue, identify their unique challenges in responding, and discuss what if any response protocols are in place within their local school systems. Finally, participants will be able to identify next steps in responding to teen dating violence as well as receive resources to utilize when helping teen victims.

3:15 – 3:30

Break – Snacks provided

Longleaf Pre-function

3:30 – 5:00

Afternoon Concurrent Sessions D

1. HIV/AIDS - continued

2. Adolescent Abuse of Prescription Drugs - continued

3. Real Communities, Real voices - repeat of C-6

4. Suicide Training of Trainers

5. Exploring Ethics 2020 – continued

6. Seven Challenges – continued

7. Dating Violence – continued

8. Psychopharmacology – continued

9. Trends in Youth Risk Behavior among Youth in Georgia– Suparna Bagchi

This workshop will review the results of the Georgia Student Health Survey II.

10. Connecting School Climate to Student Outcomes – Repeat of B-10

Tuesday, March 6th

7:30 – 8:00

Registration and Continental Breakfast provided

Longleaf Pre-function

8:00 – 9:15

Plenary – Recovery Panel

Morning Concurrent Sessions E**1. Sugar and Spice, But Not Too Nice -Marc Fomby**

This workshop will be centered on presenting participants with real scenarios and offering alternatives to daily destructive decisions. Instead of focusing on what is “wrong”, we hope to give you tools that you can use and help the females you serve discover what is “right”. Discussion will also include messages in the media and music that send negative messages rather than positive messages. This fun, interactive, eye opening workshop will provide you with information and experiences that are beneficial in many settings. Your adolescent females will love your new creative techniques learned in the workshop.

2. Attendance and Academic Achievement - Gary McGiboney

Given the dearth of empirical investigation and evidence surrounding student attendance and student achievement, the Georgia Department of Education undertook an internal study to look at the relationship between student attendance and study achievement. The results of the study not only confirmed that student attendance impacts student graduation rates and student academic performance on standardized tests, they also revealed how dramatic the impact can be and how missing just a few days of school, whether it is due to excused or unexcused absences, can reduce a student’s chances for academic success.

3. Skills-based Classroom Activities Related to Alcohol and other Drugs, Tobacco, Nutrition, Physical Activity, Intentional and Unintentional Injuries, and Sexual Risk – Dom Splendorio

This interactive workshop will involve participants in interactive student-centered lessons and learning activities related to the Six Risk Behaviors of Adolescents, as identified by the Center for Disease Control. Lessons can be adapted so that they can be developmentally appropriate for either Middle or High school classes. Attendees will come away with a packet of at least two skills-based lessons in each of the following areas: Alcohol and other Drugs, Tobacco, Nutrition, Physical Activity, Intentional and Unintentional Injuries, and Sexual Risk.

4. Youth Internet Trends and Myths –Sue Dowling

What are the facts regarding youth trends on the internet and how much of our perception of trends is influenced by media hype? Sexing, cyberbullying, social networking, and online solicitation are just some of the issues that will be covered. Come learn what is reality regarding Internet use and behavior and how this may impact you as you work with students.

5. Nuts and Bolts: Lessons in Building a Comprehensive School-Based Bullying Awareness Campaign – Quentin Fretwell and Jennifer Errion

Recent changes to state law have prompted school districts throughout Georgia to revise their policies related to bullying. In this interactive workshop, participants will learn how the DeKalb County School System used policy revision to launch a comprehensive bullying awareness campaign. This workshop will include information on how to best navigate in a school system of any size while keeping bullying prevention activities local and relevant to the school. It will also highlight our No Place for Hate campaign and other dynamic local projects including student developed public service announcements.

6. Science of Addiction and Recovery – Neil Kaltenecker and George Braucht

This workshop will promote how people successfully manage long-term recovery from alcohol and other drug use. Upon completion, participants will be able to talk about addiction and recovery from a science-based perspective. Specific objectives include: 1) identify at least five pathways to recovery and illustrate the components of the recovery continuum of care, 2) explain, using plain language, why addicts can’t “just quit and stay quit” including the brain adaptation basis for tolerance withdrawal, craving (relapse) and recovery, 3) reduce the fear of speaking out and/or asking for help due to the stigma and discrimination faced by people in recovery, and 4) spread the message of hope and the availability of help carried by people in long-term recovery.

7. Working with Diverse Communities – Debera Ayers

The purpose of this workshop is to facilitate a process of understanding ourselves in order that we might better communicate and embrace the uniqueness of others. This is an interactive cultural diversity workshop that will provide individuals working in any health and human services arena with basic skills that will allow them to work in a multicultural setting. This workshop also meets the cultural diversity training requirements for application to the Prevention Credentialing Consortium of Georgia (PCCG).

8. Seven Challenges – continued**9. Prescription Drug Abuse Prevention 2012 – Merrill Norton**

10. Alcohol Retail Availability and Community Health – Jim Mosher

Alcohol retail establishments are an important component of a community's environment but pose special risks to public health and safety. There is now extensive research literature documenting the link between alcohol outlet density, problem alcohol outlets, and adverse community outcomes, including violence, alcohol-related motor vehicle crashes, underage drinking, and public nuisance activities. Local governments have important, often underutilized tools for reducing problems associated with alcohol retail outlet activities. This workshop will provide an overview of the problem, the tools available to address them, and the steps needed to implement reform and evaluate results. Specific topics will include: local authority to regulate alcohol retail availability in Georgia, Conditional Use Permits and Deemed Approved Ordinances: Community tools for addressing public health and safety problems associated with alcohol retail outlets, and the role of Responsible Beverage Service Programs and law enforcement in a comprehensive approach to addressing the problem.

10:45 – 11:00

Break – Snacks provided

Longleaf Pre-function

11:00 – 12:15

Morning Concurrent Sessions F

1. Sugar and Spice - continued

2. Skill-Based Classroom Activities -continued

3. Nuts and Bolts – continued

4. Science of Addiction and Recovery – Repeat of E-6

5. The Essentials to Creating a Comprehensive School Suicide Prevention Policy – Adam Lesser, LCSW

Participants will learn about the important components to create a comprehensive school suicide prevention policy including the development of protocols to address crises, high-risk youth and post-vention; engaging in community linkages; best practice treatment programs and creating positive school climate change. Programs and services available through the Department of Behavioral Health and Developmental Disabilities Office of Suicide Prevention will be highlighted. Participants will also learn what the date is on suicide in Georgia and learn how to access data about their county and school.

6. Working with Diverse Communities – continued

7. Seven Challenges – continued

8. Are you Going to Eat That? – Natalie Rogers

This workshop will be a solutions-based discussion that can shift your mindset and reveal strategies to restore health to the next generation. Join for an optimistic look at improving every aspect of child health through better nutrition at the cellular level.

9. Prescription Drug Abuse Prevention – 2012 - continued

10. Alcohol Retail Availability - continued

12:15 – 1:45

Lunch Plenary – Alcohol Policy and Social Change – Jim Mosher

2:00 – 3:15

Afternoon Concurrent Sessions G

1. Blame it on the Alcohol: Understanding the Message in Music -Marc Fomby

This informative, fun, interactive, and educational course will introduce you to the lyrical content of various genres of music played over the radio today. We explore current trends by examining the messages that are openly displayed and sometimes hidden in hop hop, rock and roll, country, heavy metal, emo, r & b and blues. The focus is to identify risk-related behaviors involving alcohol and other drugs that are openly promoted in the music. By stressing the importance of media literacy, this workshop provides tools to help participants critically analyze messages to detect subtle (or not-so-subtle) influences and suggestions that glorify and promote reckless, negative lifestyles, choices and decisions among today's youth. Participants will be actively involved in deciphering and dissecting the "Message in the Music".

2. Attendance and Academic Achievement – repeat of E-2

3. Youth Internet Trends and Myths –Repeat of F-4

4. Nuts and Bolts: Bullying Awareness Campaign – Repeat of E-5

5. Working with Diverse Communities - continued

6. Seven Challenges – continued

7. Dating Violence – repeat of B-8

8. Are you Going to Eat That? – Repeat of F-8

9. Social Host Liability: Preventing Underage Drinking Parties – Jim Mosher

Social host liability holds non-commercial individuals responsible for underage drinking events on property they own, lease or otherwise control. Hosts are prohibited from providing a location for underage drinking events, and furnishing the alcohol is not a required element of the offense. This workshop will provide an introduction to social host liability, addressing its key elements, purpose implementation, and evaluation. Key topics will include: impact of underage drinking parties on community health, role of social host liability in deterring underage drinking parties, types of social host liability, role in promoting effective enforcement and shifting of community norms and resources for advancing local campaigns.

10. Engaging Parents as Partners in Youth Suicide Prevention – Scott Fritz and Maureen Underwood, LCSW, CGP

This workshop will address some of the most common questions parents raise about youth suicide. Through the use of the best-practices film, "Not my Kid – What Every Parent Should Know about Youth Suicide", the workshop leader, whose teenage daughter died by suicide, will engage participants in discussion about strategies for engaging parents suicide awareness activities. By the end of the workshop participants will be able to understand the reasons for parental involvement in suicide awareness activities, discuss the most common questions parents ask about youth suicide and consider how to incorporate parent awareness into their school's protocol.

3:15 – 3:30 **Break – Snacks provided** **Longleaf Pre-function**

3:30 – 5:00 **Afternoon Concurrent Sessions H**
1. Blame it on the Alcohol - continued
2. Nuts and Bolts – continued
3. Engaging Parents – continued
4. Dating Violence – continued
5. Working with Diverse Communities - continued
6. Seven Challenges – continued
7. Appetite Awareness Training for Adolescents with Eating Disorders – Linda Craighead
Appetite Awareness Training (AAT) is an intervention designed to restore a more normal feeling of control over eating by training individuals to be more aware of, and then to rely more on internal cues of moderate hunger and fullness to make eating decisions. By acknowledging the reasonableness of "not getting too full" while emphasizing the importance of "not getting too hungry", appetite monitoring moderates excessive dietary restraint in a way that feels relatively safe to adolescents worried about weight gain. Cases will be presented to illustrate the use of AAT to address eating concerns including excessive dietary restraint and/or preoccupation with food type.
8. Social Host Liability: - continued
9. Data and Disasters – Jeff Braswell and Leanora Style
The Georgia Emergency Management Agency (GEMA) has implemented a system called the Georgia Online Disaster Awareness Geospatial System (GODAWGS). GODAWGS is a web based geospatial visualization tool designed to provide situational awareness to Emergency Responders across the state. The goal of this workshop is to provide attendees with an understanding of how the system can assist the educational community in disaster response and recovery operations

5:00 – 6:00 **Prevention Credentialing Consortium of Georgia Q & A Session**

Wednesday, March 7th

7:30 – 8:00 **Registration and Continental Breakfast provided** **Longleaf Pre-function**

8:00 – 9:15 **Plenary - Winged Monkeys: Staying Healthy to Stay in the Fight -Marc Fomby**

9:15 – 10:30 **Morning Concurrent Sessions I**

1. Team Building: The Importance of Working Together - Marc Fomby

This informative workshop will introduce participants to challenges and opportunities to brainstorm and be creative in problem solving. This workshop will show creative intervention strategies to facilitate actively engaging co-workers to put the mission first and enjoy the benefits of "team winning" as opposed to individual accomplishments. Participants will learn b y self exploration of their dominant personality type and explore other personality types by

completing a personality assessment (Gemstones). **Class is limited to 30 participants**, only those who registered may attend – no “walk ins” will be allowed.

2. Data and Disasters – Repeat of G-9

3. Media Literacy 101 – Jeff Inman

Participants in this workshop will learn the basics of media literacy and marketing and the impact on youth culture; learn about some of the crazy things kids are doing online; understand how pedophiles work the internet and how they can find our children; understand cyber-bullying and cyber aggression as it occurs in instant messaging and email; understand the role of cookies, spy-ware, and how to keep their identify safe; and have discussion is social networking sites should be allowed in schools.

4. Working with Children of Incarcerated Family Members – Brenda Stancell

There may be as many as 2 million children in the U.S. who have one or more parents in prison or jail. That’s close to two out of every 100 children. Separated from parents, confused by the parent’s actions, stigmatized and shamed, these children are often vulnerable to poverty and other stressful family disruptions. In this session, participants will be introduced to some of the challenges of these families and discuss creative ways to better serve this population. Participants will also explore resources designed to address the prevalent issues faced by children with an incarcerated family member.

5. Self Injury – Miguel Fernandez

The lives of teen-agers have never been more complicated. We are seeing greater numbers of adolescents displaying maladaptive behaviors in their journey to adulthood. The phenomenon of self-injury is an increasing concern for families, schools, communities and health and mental health providers. This workshop explores the internal dynamics of the self-injuring youth, the concept of self injury as an addictive behavior disorder and the connection between substance abuse and self-injury.

6. Seven Challenges – continued

7. Appetite Awareness Training for Childhood Obesity – Linda Craighead

Appetite Awareness Training (ATT) is an intervention designed to restore a more normal feeling of control over eating by training individuals to become more aware of, and then to rely more on internal cues of moderate hunger and fullness to make eating decisions. By emphasizing the importance of “not getting too hungry” as much as “discouraging getting too full” this approach minimizes aversive feelings of deprivation while modifying established preferences for “overfullness”. Provided within a Model of Lifestyle Change. ATT provides an alternative to specific “diets” or “food rules” that is flexible enough for all family members to support.

8. Georgia State Coalition 101 –

The Georgia State Coalition is a group of Georgia Drug Free Community coalitions, treatment providers, prevention providers, state partners and many other originations. The goal of the coalition is to prevent youth from having access to alcohol and drugs, to support treatment for youth addictions and to empower all communities in Georgia to have a voice in drug prevention and treatment. Who should attend? Anyone who is concerned about alcohol and drug use among youth in Georgia and anyone that wants to help solve these issues and not just talk about them.

9. Beyond Body Image: Empowering Girls to Resist Societal Pressures, Fight Unrealistic Media Standards, and Develop a Positive Self-Image - JuliaTaylor

Today’s standard of beauty is unrealistic and unattainable. It’s not a coincidence that body image disturbances among today’s youth are widespread, contagious, and toxic. Schools have a unique opportunity to implement media literacy programs that teach students the influential, and often deceitful, power of marketing. Numerous ideas will be discussed and shared to provide solution-focused, innovative, and empowering media literacy/body image programs into a school curriculum.

10. Cultural Competence: Breaking the Cycle – Dietra Hawkins

This interactive workshop will invite participants to explore the ways they can break the cycle of discrimination, bias and negative stereotypes. Through the use of dialogue, film discussions and small group work, participants will leave this workshop with: an increased understanding of how culture impacts our daily lives, both personally and professionally; more awareness of how our cultural background, beliefs and experiences shape the way we view, interact and service others; and a greater understanding that culture goes beyond racial and ethnic differences.

10:45 – 12:00

Morning Concurrent Sessions J

- 1. Team Building : - continued**
- 2. Data and Disasters – Repeat of H-9**
- 3. Media Literacy – Repeat of I-3**
- 4. Children of Incarcerated Parents –Repeat of I-4**
- 5. Self Injury – continued**
- 6. Seven Challenges – continued**
- 7. Beyond Body Image - Repeat of I-7**
- 8. Cultural Competence : - continued**