6th Annual Summit on Substance Abuse, Mental Health and School Safety/Discipline
Best Practices for Working with Youth
March 6-9, 2011
Agenda

Sunday, March 6th – Pre-Conference
Pre-Conference Workshop

4:00 – 5:30  Summit Registration
4:45  Workshop Proctor Training
5:30  Dinner Reception
   Introduction to Diversity: Why Difference Matters in Today’s World - David Carrillo, MSW

Monday, March 7th
7:00 – 8:00  Registration and Continental Breakfast provided
            Longleaf Pre-function
8:00 – 9:15  Plenary  Longleaf ABCD
   Welcome & Opening Remarks by Summit Partners

9:30 – 10:45  Morning Concurrent Sessions A

1.  Understanding Latino/Hispanic Children/Youth and Families – David Carrillo, MSW
   This workshop is intended to introduce participants to the Latino/Hispanic culture. It will provide participants with the opportunity to explore differences and similarities between the American host culture and the Latino/Hispanic children/youth and families. The participants will be introduced to understanding behavior from a cultural perspective in order to become aware of why different people behave differently from those growing up in the United States. Those attending will better understand the students and families with whom they work.

2.  Answering the Cry for Help: Suicide Prevention Education for Schools and Communities – Dave Opalewski 1 1/2 hours
   This dynamic and interactive presentation will examine the fastest growing killer of our Country’s most precious resource; our youth. During this session we will discuss the scope of the problem, causes, facts and myths, recognition and assessment of potentially suicidal youth, and how we can help.

3.  Too Fat? Too Thin? Get High – Isabel Burk
   Did you know that 80% of all ten year olds are afraid of being fat? In this workshop we will explore connections between increasing disordered eating, distorted body image issues, and substance abuse. Media images plus adolescence and young adult mental/emotional development, plus anxiety about body changes (or lack of it), plus distorted norms of what a male and a female look like result in abuse of specific substances related to specific (idealized) goals that extend from teen years through middle age. This presentation will go beyond diet pills to examine how people of all ages react to media images, seek to control body shape and size, and cope with body image through alcohol/other substances.

4.  Marijuana Update – Mike Nerney
   Recent national surveys show an increase in adolescent marijuana use. In this workshop, participants will gain a working knowledge of the neurochemical mechanisms involved in marijuana intoxication and addiction. Discussion will include the impact of marijuana upon neurotransmitters and receptor sites in various sections of the brain, as well as the changes in mood, perception and behavior associated with the drug. Participants will also learn about advances in agriculture and new strains of marijuana, discuss new routes of administration like vaporization, and explore the risks involved in combining marijuana with other street drugs, with prescription and over the counter medications, and with alcohol.

5.  Gangs 101 – Marc Fomby
   This informative and interactive course will cover the basics of gangs and explore current trends. The term “gang” will be defined. Street gangs will be the focus of this workshop. Participants will closely examine the customs of the traditional street gang and learn about its
rituals, organization, colors, and practices. New information on MS-13, the Hispanic gang that's quickly spreading across the country and some of the activities of this gang will also be discussed. This training offers practical information that shows correlation to gangs, guns, violence, and substance abuse. In an effort to help educate the youth of today about hazards related to gangs and the impending use and/or selling of illegal narcotics, the information is presented on a level whereby transference of information is evident. You will leave armed with information that is immediately beneficial.

6. **Psychoactive Substance Use/Abuse on the Streets of America** – David R. Turpin, LCAS, CCS, LPA
   
   This session will review the history, symptoms of use/abuse of the most widely used/abused “Street Drugs,” including pharmaceuticals. Participants will be able to identify different drug categories, define popular “slang terms” and dispel some common myths. This will be an interactive session and hopefully a fun-filled learning experience. By the way do you know what “Capitan Cody” is? If not come and learn, if so come and share. Or how do you respond when someone says “Yo, you got any Sense”?

7. **Working with GLBTQI Youth** – Mark Pimsler, CAC1, ACRPS
   
   What is GLBTQI? This might be a good session for you to attend. GLBTQI describes people who identify as Gay, Lesbian, Bi-sexual, Transgender, Queer and/or Intersex. One (1) out of three (3) GLBTQI meet the criteria for dependence and are less likely to seek treatment than their heterosexual peers. This session will cover terms commonly used by GLBTQI and will explore how a GLBTQI person’s unique experience impacts addiction, treatment, and recovery. The Sexual Identity Acceptance Level will be introduced with stage-specific issues and interventions. Participant will increase knowledge of population, best practices, values, and beliefs of working with GLBTQI clients.

8. **Georgia Meth Project** – Latrina Patrick 1 ½ hours
   
   This workshop will focus on the scope of the Meth use and addiction problem in Georgia. Methamphetamine use currently costs Georgia more than $1.3 billion per year in costs that include incarceration, health care, foster care, law enforcement, and lost productivity in the workplace. The presentation will incorporate the radio, TV, and print ads that are currently running statewide.

9. **Kids, Chemicals & America** - Delbert Boone
   
   This workshop will explore the impact of several different issues regarding the development of today’s adolescent; media, myths, misconceptions, peer pressure, peer acceptance, family values and drug experimentation.

10. **Advanced Positive Behavioral Interventions and Support (PBIS ) Across the Continuum** – Heather Peshak George, Ph.D.
    
    This half day intensive workshop is intended for schools and districts that have already been implementing Tier 1 PBIS for at least one year with success. Participants will understand how to use their data to determine the next level of system supports needed to continue to address challenging behaviors across classrooms, Tier 2 supplemental, and Tiers 3 & 4 intensive individual interventions. Tools will be provided for immediate use at the school level. Discussion will include how districts can best support their schools implementing PBIS across the continuum

10:45 – 11:00  Break – Snacks provided

11:00 – 12:15  Morning Concurrent Sessions B

1. **Understanding Latino/Hispanic Children/Youth and Families** – David Carillo

2. **Too Fat?** – continued

3. **Marijuana Update** – continued

4. **Gangs 101** – continued

5. **Psychoactive Substance Use/Abuse** – continued

6. **Working with GLBTQI Youth** – continued
7. Understanding Asperger Syndrome/Autism Spectrum Disorders – Sue Miller, Ph.D.  
*1 ½ hours*
This presentation will review the criteria for diagnosing Asperger Syndrome (AS) and how AS differs from other Autism Spectrum subtypes. In addition, instruments and methods used to diagnose AS will be discussed and the treatment needs of individuals with AS will be outlined. Tips for working effectively with individuals who are diagnosed with AS will also be provided.

8. Kids, Chemicals and America – continued

9. Advanced PBIS across the Continuum – continued

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12:15 – 1:45  
**Kevin Jennings, Assistant Deputy Secretary, Safe and Drug Free Schools, U.S. Department of Education**  
Loblolly Ballroom

2:00 – 3:15  
**Afternoon Concurrent Sessions C**

1. **Confronting Death in the School/Community Family** – Dave Opalewski  
*1 ½ hours*
Unfortunately, thousands of school age children die each year in the United States. In addition, thousands more experience the expected or unexpected death of a parent, sibling, classmate, teacher, or other significant person in their lives. This presentation is designed to assist school staff to develop appropriate and helpful procedures and policies in dealing with tragedy and an understanding of grief from a child’s and adolescent's perspective.

2. **From Atavin to Xanax: Prescription Drug Abuse** – Isabel Burk
Dramatic increases in abuse of prescription medications have been noted among people of all ages in the past decade. What factors are influencing this trend? Where do they get medications? In what ways are people becoming amateur alchemists? And-why are teenagers seeking Viagra? Painkillers, sedatives, tranquilizers, stimulants and more…learn about the drugs, effects, issues and trends. These issues will be discussed in a lively session.

3. **The Adolescent Brain and High Risk Behaviors** – Mike Nerney
As research provides more information about the unique character of the adolescent brain, adults have a better chance than ever to help adolescents avoid or overcome the sometimes serious problems associated with this time of life. This workshop will help participants understand adolescent development by utilizing a bio-psycho-social model with specific emphasis on exploring the changes that occur in the brain between the ages of 12 and 24. Participants will explore the connections between the adolescent brain and high risk behavior and discuss the allure of thrill-seeking, drug and alcohol abuse, sexuality and other high risk behaviors. Participants will explore new language structures to utilize in helping adolescents acknowledge, assess and respond to high risk situations in their lives.

4. **Sugar and Spice, But Not Too Nice** – Marc Fomby
This workshop focuses on prevention by attempting to re-direct those opportunities for females to explode (being hijacked by anger) into opportunities for them to choose wisely. The workshop also emphasizes the importance of making positive choices and considering consequences of each choice. Subject matter also includes discussion on messages in the media and music that sends negative rather than positive messages. Discussion is centered on presenting participants with real scenarios and offering alternatives to daily destructive decisions. Instead of focusing on what is “wrong,” we help give females the tools to discover what is “right.” Participants are engaged in the thought process – we don’t tell them what to think; we just encourage them to think!

5. **Social Norms** – Amity Chandler
Everyone wants them, but no one knows how to do them. Changing social norms to prevent at-risk behavior is becoming one of the most recognized strategies for population level change in a student population. While social norms campaigns at the college level are well documented, work at the middle and high school level has not gained as much attention. The presenter will discuss the design of campaign images for middle and high schools, procedures for launching and maintaining campaigns, and a list of comical but educational things to do and not do while conducting campaigns on campus. Tips for working with high school administrators and teachers as well as survey implementation will also be discussed. At the end of the workshop, participants should have a basic understanding of conducting social norms campaigns for middle and high school students.

6. **Understanding Asperger Syndrome** – Repeat  
*1 ½ hours*
7. Working with GLBTQI Youth – Continued

8. The Legal and Student Impact of Bullying - Gary McGiboney
   Bullying continues to be an issue of concern in our schools. This workshop will discuss bullying research, recent legislation passed by the General Assembly, and effective intervention and prevention strategies.

9. Working with the Resistant Client - Delbert Boone
   This workshop will address typical issues that surface in working with resistant substance-abusing or chemically-dependent clients. Participants will gain an improved understanding of the pathology of addiction, the psychological dynamics of addiction, and effective interventions to overcome the resistance inherent in working with this population.

10. Blueprint for State and District-wide PBIS Implementation- Ms. Susan Barrett
   This session will provide an overview of the SW-PBS Implementation Blueprint, highlight essential features, and overview the lessons learned for scaling up. Emphasis will be placed on the basic logic of the blueprint, focus on stages of implementation, activities that promote change, focus professional development around measurable outcomes, and strategies, tools and examples to assist in the process.

3:15 – 3:30 Break – Snacks provided

3:30 – 5:00 Afternoon Concurrent Sessions D
1. From Atavin to Xanax – continued
2. The Adolescent Brain – continued
3. Sugar and Spice – continued
4. Social Norms – continued
5. “Hoot’s Chalk Talk” – Donald Hooton 1 ½ hours
   This workshop will focus on the subject of appearance and performance-enhancing drugs (APEDs) used by youth. During this multi-media presentation, the speaker uses the story of his family’s personal tragedy to focus attention on the serious topic of steroid use by our kids. He explores the scope of the problem as well as many of its root causes – athletics as well as social reasons.

6. Working with GLBTQI Youth – continued
7. Meth Project – Repeat  1 ½ hours
8. Working with the Resistant Client – continued
9. Positive Behavioral Interventions and Supports (PBIS)- continued

5:00 – 6:00 Prevention Credentialing Consortium of Georgia Q & A Session

Tuesday, March 8th
7:30 – 8:00 Registration and Continental Breakfast provided
8:00 – 9:15 Plenary – The Partnership at Drugfree.org
9:30 – 10:45 Morning Concurrent Sessions E
1. Understanding and Addressing Adolescent Grief Issues – Dave Opalewski  1 ½ hours
   They are not children or adults. Adolescents comprise a set of unique grievers who require unique approaches. This presentation will equip adults with knowledge and techniques to effectively guide the adolescent through the grief process.
2. **PACT360 Community Education Programs – The Partnership at Drugfree.org**
   This workshop provides our community partners (law enforcement, prevention, treatment professionals, and others) with an overview of all of the community-based programs that are offered by The Partnership at Drugfree.org. We will walk participants through the Meth360, Parents360, Youth360, and Latino360 presentations. In addition, we provide tools and resources to attendees about implementing and promoting the programs in their communities. Partnership staff will showcase the presentation and share testimonials and research highlighting the program’s positive impact in their communities.

3. **Talking with Youth about Medical Marijuana – Isabel Burk**
   “Medical Marijuana” is available in more states, and marijuana is being decriminalized in many others. While Georgia has not passed laws making “medical marijuana” available, this is confusing and problematic for youth. In this session we will discuss specific issues including how the news presents “medical marijuana,” some state’s experiences with “medical marijuana,” impact of terminology on youth’s perception of risk and negative effects, family issues, and treatment issues. Together we can strategize how to clarify confusing issues for youth and how to deal with questions and comments.

4. **Don’t Hate the Player, Hate the Game – Marc Fomby**
   This workshop demonstrates how young people respond to and handle some of the social pressures of today. Participants will learn some of the deadly “games” they play and the dangerous coping mechanisms they sometimes choose. We will also discuss some key indicators that should raise a red flag for youth to help them identify trends in peers when suicidal thoughts, behaviors, and tendencies are suspected. By focusing on issues that affect young people today, we can determine the negative and positive influences. This workshop attempts to accentuate the positive and provide coping skills for the negative issues in the lives of youth.

5. **Using Media Advocacy to Reduce Excessive Alcohol Use – David Jernigan**

6. **Crimes Against Children – Robert Farley**
   This intensive training seminar illustrates the problem of child predators targeting students within the school environment and identifies appropriate responses and offers solutions. The seminar will identify and then discuss the methodologies and seduction techniques employed by the child molester in the various chat rooms and on the World Wide Web. Additionally, the seminar examines the topics of child erotica, child pornography, and their use by the child molester.

7. **Creating the Climate for Success – Steve Edwards**
   Creating the climate for success centers on specific elements that are essential to a positive and results-driven school. This session will provide participants with concrete ideas that can be implemented immediately.

8. **Activities that Teach Life Skills – Tom Jackson, M.ED 1 ½ hours**
   Kids learn best by doing! Come experience activities you can use in a school, community or group setting to help kids with critical life skills such as communication, working together, decision making, goal setting, conflict resolution, etc. Too often when we address these topics, it is through a lecture or worksheet. Active learning is a fun and non-threatening way to teach these vital skills.

9. **How Student Assistance Can Add Value to your School – Tina George, MSW**
   This workshop will explain what a Student Assistance Program (SAP) is and how it can benefit your students and faculty. It will also show what an effective SAP team looks like and how to get one started. Attendees will also learn the best practice standards that help guide this process.

10. **Advanced PBIS Coaching – Heather Peshak George, Ph.D. and Ms. Susan Barrett**
    Coaching involves active collaboration and participation to build capacity, maximize competence, focus on valued outcomes and emphasize accountability. When understood and applied, PBIS Internal and External Coaches are successful yet need to continue to enhance skills to support teams as they progress through the advanced tiers. This half day intensive workshop is intended for individuals who have been coaching school teams for at least one year and are looking for additional skills to build their expertise in supporting those teams across the continuum.
11:00 – 12:15  **Morning Concurrent Sessions F**

1.  PACT360 – continued
2.  Talking with Youth about Medical Marijuana – continued
3.  Don’t Hate the Player – continued
4.  Using Media Advocacy – continued
5.  Crimes against Children – continued
6.  Creating the Climate for Success – continued
7.  Activities that Teach Life Skills – repeat  **1 ½ hours**
8.  Guiding Grieving Children – Dave Opalewski  **1 ½ hours**
    This session provides practical and easily adaptable skills to any adult who must guide a young child through a difficult grief experience, helping the child develop his/her own coping skills instead of giving him/her ours. Participants will learn how to employ the *Narrative Profundity* strategy in using child stories to guide and comfort the child.
9.  Positive Behavioral Interventions and Supports (PBIS) - continued

12:15 – 1:45  **Lunch Plenary – Christopher Kennedy Lawford**

*"The Wonder and Possibility of Recovery"*

2:00 – 3:15  **Afternoon Concurrent Sessions G**

1.  **Speak! How to be an Effective Presenter – Isabel Burk**
    National surveys reveal that public speaking is the number one fear of American adults! This highly participatory session will offer both theory and practice in organizing and giving a presentation, plus develop self-confidence in the speaker. Skills include defining and valuing your personal expertise; differentiating purposes of a presentation; understanding the audience; developing the topic; objectives and main points; building rapport and trust; utilizing anecdotes, demonstrations, and statistics; and using best practices for visuals and handouts. There will be small group interaction and practice.

2.  **Blame it on the Alcohol: Understanding the Message in the Music – Marc Fomby**
    This informative, fun, interactive, and educational course will introduce you to the lyrical content of various genres of music played over the radio today. We explore current trends by examining the messages that are openly displayed and sometimes hidden in hip hop, rock & roll, country, heavy metal, emo, r & b, and blues. The focus is to identify risk-related behaviors involving alcohol and other drugs that are openly promoted in the music. By stressing the importance of media literacy, this workshop provides tools to help participants critically analyze messages to detect subtle (or not-so-subtle) influences and suggestions that glorify and promote reckless, negative lifestyles, choices and decisions among today’s youth. Participants will be actively involved in deciphering and dissecting the “Message in the Music”.

3.  **More Activities that Teach Life Skills – Tom Jackson, M.ED.  **1 ½ hours**
    This workshop will have different activities from the morning workshop as attendees experience activities they can use in a school, community or group setting to help kids with critical life skills such as communication, working together, decision making, goal setting, conflict resolution, etc. This will also be an interactive workshop.

4.  **Success for All Students - Cobb County**  **1 ½ hours**

5.  **Underage Drinking – David Jernigan, PhD**

6.  **Implementing PBIS in a Juvenile Justice Correctional School Setting – Coy Satterfield, M.ED and Dr. Jack Catrett**
    Attendees will learn the required steps, challenges, and preliminary outcomes of implementing PBIS in a correctional school setting. The presenters will provide a detailed account of establishing a school leadership team also known as the PBIS team. Come see why the school leadership team is the foundation of the process by providing the vision, leadership, and
resources necessary to “jumpstart” the PBIS program. Participants will become familiar with the six major responsibilities of the school leadership team and also learn how to overcome the hurdles of implementing PBIS in a correctional setting versus a district school setting.

7. Understanding your “Colors” and Helping others to Understand their “Colors” – Joyce Chandler
   Each of us is born with personality characteristics that affect our relationships, communication and life satisfaction as well as that of our students, employees, and others with whom we work. Participants learn how to have a more balanced personality as they assist students and others in gaining this same insight.

8. The Student Centered School – Steve Edwards
   Schools exist because of students. Keeping students at the center of our decision making is essential to building a culture where students can reach their full potential. This session will provide attendees the opportunity to learn specific skills that can be applied in any setting.

3:15 – 3:30 Break – Snacks provided
Longleaf Pre-function

3:30 – 5:00 Afternoon Concurrent Sessions H
1. How to be an Effective Presenter – continued
2. Blame it on the Alcohol – continued
3. Underage Drinking – continued
4. Implementing PBIS in a Juvenile Justice setting – continued
5. Colors – continued
6. The Student Centered School - continued
7. Bullying - McGiboney (repeat) 1 ½ hours
8. Victimization, How do we help them? - Jody Tarleton, PsyD 1 ½ hours
   This workshop will provide an overview of how social and psychological victimization affects the person, family and community. We will also examine the direct affective results on victims. We will discuss and examine the behavioral and cognitive consequences of violent victimization both on the perpetrator and the victim. The role of the community creating and perpetuating criminal thinking will be reviewed.

5:00 – 6:00 Safe and Drug Free School Meeting
Longleaf A&B

Wednesday, March 9th

7:30 – 8:00 Registration and Continental Breakfast provided
Longleaf Pre-function

8:00 – 9:15 Plenary - David Satcher (invited)
Longleaf ABCD

9:15 – 10:30 Morning Concurrent Sessions I

1. Peer Mediation – Saves Time, Empowers Students and Adults, and Improves School/Workplace Climate – Joyce Chandler 1 ½ hours
   Come learn the benefits of having a Peer Mediation Program as well as learn how to begin an exciting program or rejuvenate an unsuccessful program. Participants will leave the workshop with a Peer Mediation Manual containing step-by-step directions as to how to begin an effective program or improve an existing program.

2. On the Cutting Edge: The Addiction of Self-Injury – Miguel Fernandez, MSW
   The lives of teen-agers have never been more complicated. We are seeing greater numbers of adolescents displaying maladaptive behaviors in their journey to adulthood. The phenomenon of self-injury is an increasing concern for families, schools, communities and health and mental health providers. This workshop explores the internal dynamics of the self-injuring youth, the concept of self injury as an addictive behavior disorder and the connection between substance abuse and self-injury.
The concept of an anti-reward system was developed to explain one component of time-dependent neuroadaptations in response to excessive utilization of the brain reward system. The technology of addiction treatment of this anti-reward system in 2011 will include such new terms as BDNF, cAMP, DREF, GLT1, and xCT which are important in the development of new medications that will diminish cravings, compulsiveness, and relapse. With these new scientific discoveries, it now becomes imperative that science develop an addiction predictability instrument for today’s youth. This presentation will explain the anti-reward brain and the new terms of addiction prevention and treatment that will guide behavioral health practitioners to predict the addicts of the present and future. This information will assist in determining effective intervention and treatment approaches for these high risk populations.

4. Social Norms – Amity Chandler
Everyone wants them, but no one knows how to do them. Changing social norms to prevent at-risk behavior is becoming one of the most recognized strategies for population level change in a student population. While social norms campaigns at the college level are well documented, work at the middle and high school level has not gained as much attention. The presenter will discuss the design of campaign images for middle and high schools, procedures for launching and maintaining campaigns, and a list of comical but educational things to do and not do while conducting campaigns on campus. Tips for working with high school administrators and teachers as well as survey implementation will also be discussed. At the end of the workshop, participants should have a basic understanding of conducting social norms campaigns for middle and high school students.

5. Prevention Ethics – Deanne Bergen
This course satisfies the recertification requirements for the Prevention Credentialing Consortium of Georgia (PCCG). All participants must have previously taken the 6 hour “Exploring Ethics in the Prevention Field 2020.” Participants will be engaged in group discussion and case studies according to the ethical decision making model and the Prevention Think Tank Code of Ethics.

6. Teens in the Driver Seat – Russell H. Henk, P.E. 1 ½ hours
This workshop will explain the Georgia Department of Transportation’s student outreach program called Teens in the Driver Seat, America’s first peer-to-peer driving safety program focused entirely on teen driving safety. Teens involved in the program develop and deliver safety messages to make their peers aware of the risks of teen driving. This program is free for schools and communities.

10:30 – 10:45 Break – Snacks provided
10:45 – 12:00 Morning Concurrent Sessions J

1. On the Cutting Edge – continued
2. The Anti-Reward Brain and Addiction Predictability – continued
3. Social Norms – continued

4. Working with the Home Schooled Families – Ruth Martin, M. Ed 1 ½ hours
This session seeks to broaden the scope of counseling techniques with emphasis on the homeschooling family. Many of these families seek professional help and are met with a wall of misunderstanding resulting in faulty guidance. How can professionals work within their guidelines and still reach out to help this often-misunderstood group of families?

5. Help for the Overworked Educator – Enhance or Rejuvenate an existing Student Assistance Program (SAP) – Lynn Hunnicutt and Sally McKinley 1 ½ hours
With more and more demands on the educator and with increased student/teacher-counselor ratios, an effective and dynamic Student Assistance Program (SAP) can be a life-saver! Participants will leave this workshop with materials and information to enable them to enhance a “life-saving” SAP and with many new ways to serve their students.

6. Making Your Schools No Place for Hate – Hollande Levinson
This session will provide tools for ACTION in addressing bias and creating learning environments where all students can be successful. No Place for Hate is an initiative offered free to schools that is designed to rally the entire school around the goal of stopping all forms
of bias and bullying. It provides a unique framework to incorporate new and existing programs with one consistent message and can help schools foster a culture of respect and create a safe, bully-free learning environment for students at all grade levels.

7. Prevention Ethics - continued