#### **9th Annual Georgia Summit on Youth Issues**

#### **(Formally Summit on Substance Abuse, Mental Health**

#### **and School Discipline/Safety) Callaway Gardens**

#### **March 2-5, 2014**

#### **Agenda**

#### **Sunday, March 2nd – Pre-Conference**

#### 4:00 – 6:00**Summit Registration and Exhibitor Viewing Longleaf Pre-function**

#### 5:00 **Workshop Proctor Training**

#### **Monday, March 3rd**

#### 7:00 – 8:00 **Registration and Continental Breakfast provided Longleaf Pre-function**

#### 8:00 – 9:15 **Plenary** **Loblolly Ballroom**

#### **Welcome & Opening Remarks:**

**“Response Abilty” – Marc Fomby**

#### 9:30 – 10:45 **Morning Concurrent Sessions A**

1. **Seven Challenges – By Invitation Only**

1. **Barely Legal: Dangerous Substances under the Regulatory** **Radar - Mike Nerney**

An emerging trend in substance abuse is the reformulation and packaging of intoxicating products specifically designed to skirt current drug laws. Many of these substances, including bath salts and marijuana substitutes, are effectively marketed via the internet in a way that highlights their legal status and accessibility, and ignores the significant risks associated with their use. This workshop explores the various types of quasi-legal substances, the names under which they are marketed, what makes them attractive to users, and the risks they present. Participants will also consider strategies that may be effective in preventing the abuse of these products.

1. **Exploring Ethics in the Prevention Field – Tamika Jonas**

This training is designed to provide a basic introduction to the Principles of the Code of Ethical Conduct for Prevention, Early Intervention and Health Promotion Professionals and Volunteers. It will also provide an overview of the ethical dilemmas that Prevention Professionals encounter in their work. Using the Code of Ethics from the Prevention Think Tank as a framework, participants will explore ethical principles using interactive methods and role-plays that encourage and support adult learning. This training is the approved course required to obtain prevention credentials from the Prevention Credentialing Consortium of Georgia.

1. **Gang Awareness - Marc Fomby**

What makes a gang a gang? What are gangs doing in your community? What’s the difference between the 5 pointed stars and the 6 pointed stars? Which group uses which star? What do all those numbers mean? Would you like these questions and more answered? We cover it in this workshop. This informative, interactive course will cover the basics of gangs from a historical perspective, as well as explore current trends. The term “gang” will be defined, and different types of gangs will be discussed. Participants will closely examine the customs of the traditional street gang and learn about their colors, rituals, organization and practices. New information on MS-13, the Hispanic gang that’s quickly spreading across the country and some of their activities will be discussed.

1. **Reefer Sanity: Seven Great Myths About Marijuana - Kevin Sabet**

In his presentation he will provide an overview of the current drug policy trends in the United States, and debunk some of the most cited myths about marijuana use, for instance: marijuana is harmless and non-addictive, and legalization will solve the governments budgetary problems. Dr. Sabet makes the claim that our greatest concern should be the inevitable rise of a second Big Tobacco industry, this time marketing marijuana to our children and youth. He will refer to the already arising problems in Colorado and Washington state as examples. His presentation concludes with an overview of our policy options, describing a smarter, science-based approach to marijuana policy that neither legalizes marijuana nor demonizes its users.

1. **Safety at Athletic Events - Ralph Swearngin**

This workshop will focus on policies and practices developed by the Georgia High School Association regarding health and safety issues for participants and spectators at athletic events. Among the topics discussed will be GHSA expectations for host site administrators and best practices for crowd-control issues. Attention will also be given to the mandatory policies in place for exertional heat illness, concussion management, and emergency action plans. Emphasis will be placed on the importance in developing effective relationships between school personnel and emergency responders.

1. **The Power of Youth in Prevention – Justin Swartzwelder and Yotin Srivanjarean**

This session will be an informative and interactive workshop centered on youth led prevention initiatives. Participants will be introduced to a youth led program at the Center for Pan Asian Community Services (CPACS), Community Action Teens (CAT). In addition, youth endorsed strategies will be discussed on how to incorporate youth in their program. Upon completing this workshop, participants should have a better understanding what a youth led program looks like and to feel more comfortable incorporating youth in their prevention initiatives.

1. **We’re Not in Kansas Anymore: The Plight of Traumatized and Extremely Stressed.**

**How to Understand, Identify, and Help Them – Greg and Lorie Jurkovic**

The number of youths who are experiencing trauma and extreme stress in different contexts (e.g., home, school, neighborhoods, peer groups, war zones, online) is growing at an alarming rate. This workshop will focus on the nature and effects of trauma and stress in child development, how to recognize the signs and symptoms of trauma and stress in youths, and what can be done not only to help our kids cope with and avoid traumatizing experiences but also to change traumatogenic conditions in the settings in which they live and learn.

10:45 –11:00 **Break** – Snacks provided **Longleaf Pre-function**

#### 11:00 – 12:15 **Morning Concurrent Sessions B**

1. **Seven Challenges – By Invitation Only**
2. **Barely Legal - Mike Nerney (continued)**
3. **Exploring Ethics in the Prevention Field– (continued)**
4. **Gang Awareness - Marc Fomby - (continued)**
5. **Reefer Sanity: - Kevin Sabet (continued)**
6. **Safety at Athletic Events - Ralph Swearngin (Repeat of A-6)**
7. **The Power of Youth – Swartzwelder and Srivanjarean (Repeat of A-7)**
8. **Trauma – continued**

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12:15 – 1:45 **Lunch** - **The New Tobacco Industry - How Marijuana Hurts Public** **Health**

2:00 – 3:15 **Afternoon Concurrent Sessions C**

1. **Seven Challenges - By Invitation Only**
2. **Mindfulness Based Stress Reduction for Adolescents – Mike Nerney**

Recent brain research on stress and teens indicates that stress impacts physical health, emotional response, cognitive functioning and higher risk taking. In this presentation, participants will explore why teens are particularly vulnerable to stress; gender-based differences in stress responses; domains of stress for teens; and adolescent stress reduction strategies that are demonstrated as effective by current neuroscience research.

1. **Exploring Ethics in the Prevention Field – (continued)**
2. **Gang Awareness - Marc Fomby**
3. **Reefer Sanity: Seven Great Myths About Marijuana - Kevin Sabet (Repeat of AB-5)**
4. **Policy, Systems and Environmental Change Strategies – Tyrone Bell and Denise Smith**

The workshop will focus on how environmental and community level change strategies can be used to increase the quality of health across life spans with focus on alcohol prevention strategies. The participants will learn how collaboration between communities, local and state government entities is necessary for implementing/advocating policy change.

1. **Trauma – (continued)**
2. **Positive Behavioral Interventions and Supports (PBIS): Embracing a Multi-Tiered System of Support – DJJ an DOE staff**

This presentation will give an overview of the Positive Behavioral Interventions and Supports (PBIS) Framework at the Tier One level, in a GNETS program, and within the Department of Juvenile Justice System.  Participants will learn how Georgia became a PBIS State, where existing implementing schools are within RESA regions, and what districts should do to prepare to become a PBIS District.   The national tools used to determine fidelity will be discussed and illustrated, as well as highlights from existing PBIS emergent and operational schools.   Additionally, participants will learn how and why Elam Alexander Academy GNETS decided to implement PBIS and the challenges and successes encountered over the past 5 years.  Finally, the DJJ staff will illustrate PBIS practices both in the school and residential setting and how the framework has impacted their long term data.   Presenters will serve as a panel for the last 30 minutes for questions, answers, and dialog. This presentation is targeted to school and district administrators, Rti coordinators, and district personnel interested in learning how to become a PBIS implementing district.

1. **Psychopharmacology: A Basic Course – Merrill Norton**

Medications have become an integrated component in the treatment of addictive that there is a new specialty in healthcare---Addiction Pharmacy. Addiction Pharmacy is the “know how” of the use of antidepressants, anti-craving, anti-psychotics, anti-anxiety, anti-manic, ADHA/ADD, and many others in the recovering patient. This workshop’s instructor has been involved with the development of addiction pharmacy for the last two decades and will bring to the participants a down to earth explanation of the how and why of these medications. You might also have a little fun.

3:15 – 3:30 **Break – *Snacks provided* Longleaf Pre-function**

3:30 – 5:00 **Afternoon Concurrent Sessions D**

1. **Seven Challenges – By Invitation Only**
2. **Mindfulness Based Stress Reduction – (continued)**
3. **Exploring Ethics – (continued)**
4. **Gang Awareness - Marc Fomby (continued)**
5. **Reefer Sanity: - Kevin Sabet (continued)**
6. **Policy, Systems and Strategies – Bell and Smith (continued)**
7. **Trauma – (continued)**
8. **PBIS Overview – (continued)**
9. **Psychopharmacology: A Basic Course – (continued)**

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**Tuesday, March 4th**

7:30 – 8:00 ***Registration and Continental Breakfast provided* Longleaf Pre-function**

8:00 – 9:15 **Plenary –Complex Trauma and School Climate - Garry McGiboney**

According to the National Child Trauma Stress Network, Complex Trauma describes children who have been exposed to multiple traumatic events.  Estimates range as high as 15-20 percent of school-aged children in public schools suffer from the effects of Complex Trauma.  The effects can impair judgment, cause overreaction to social interactions, impact communications skill development, and interfere with learning.  Foster children are especially at high risk for Complex Trauma.  Schools can and should be a part of the Complex Trauma System of Care, by becoming a Complex Trauma-Informed School.  Being a Complex Trauma-Informed School means focusing on two primary areas: (1) a Complex Trauma-Informed staff and (2) improving school climate.  This presentation defines and describes Complex Trauma and Complex Trauma-Informed Schools and how they relate to the need to improve school climate, which benefits victims of trauma as well as other students.

9:30 – 10:45 **Morning Concurrent Sessions E**

1. **Seven Challenges – By Invitation Only**
2. **Cultural Competency for the Prevention Professional - Shannon Veronesi**

This course will benefit participants by creating an understanding of the impact of cultural competence on effective substance abuse prevention and helping prevention providers understand how to develop strategic approaches that address diversity in the delivery of services, as well as meeting the PCCG requirement for Cultural Competence. Goals for the workshop include: understand the concepts of cultural diversity, cultural competency and cultural worldview; understand personal competencies & biases and how they impact professional actions; understand the Cultural Competence Continuum as it relates to systems, organizations, institute and agencies; and examine and apply the relationship between Cultural Competence and the Strategic Prevention Framework. The session will include team building activities focused on Cultural Competence, a PowerPoint presentation, case studies & scenarios, and small group work. Some participants may consider information as sensitive, since participants will engage in discussions related to cultural competence and issues surrounding it in relation to prevention, but all discussions will be handled in a respectful, open-minded fashion to provide a safe place for participants.

1. **YOUth Can Make A Difference- Changing Attitudes, Changing Behaviors - Marc Fomby**

This workshop was developed for the sole purpose of arming youth and adults who serve this population with information considered instrumental in providing young people the opportunity to develop skills and identify tools to apply a behavioral approach to preventing and/reducing incidences of violence and choices that produce negative outcomes. Built on the foundational premise that “YOU” (persons who work with the youth population) have the influential power to effectuate change in the lives of young people simply by the way they are addressed, treated, included, approached, and respected along with realistic expectations being outlined and/or explained to them allows the adults to examine self in the process of expecting behavior modifications from youth exhibiting less than desirable traits.

1. **School Attack at Breslan, Russsia - Gregory Armes**

In September 2004, terrorists took control of a school in the North Ossetia region of Russia, holding more than 1,000 hostages for three days. This presentation tells the story of this horrific tragedy, from precipitating events to the retaking of the school by government security forces. Although this is considered a worst-case scenario, it still has many lessons to teach about keeping our schools and our children safe.

1. **Sexual Exploitation of Youth: Domestic Minor Sex Trafficking (DMST) Overview - Cheryl DeLuca-Johnson and Heather Stockdale**

In this session, participants will receive an overview of Domestic Minor Sex Trafficking (DMST), including risk factors, warning signs and identification of potential victims, and current research and trends in the field.  The workshop will present the continuum of DMST/CSEC and the pathways to entry and the trauma effects on child victims.  Participants will learn what to do when they suspect a child is a victim of DMST and what services are available for victims.

1. **Active Shooter Response for K-12 - Anna Lumpkin**
2. **Emergency Operations Plans for Schools - Kristen Higgs**

This course is intended to be a roadmap for schools to move from simply having a school safety plan to having a school safety program. The course details the process for developing a plan, conducting site surveys and conducting drills as well as media considerations and recommendations for family reunification.

1. **Peer Support Services for Parents and Youth – Owen Dougherty, GCSA and Dana McCrary, DBHDD.**

Peer Support Services are a critical element of the emerging Recovery Oriented Systems of Care for persons with mental health and substance use challenges in Georgia. Georgia has led the way in developing these services for adults. Currently, the Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) is developing and implementing certification programs for parent-peers and youth-peers. Please join us in this session to learn about these emerging programs and inform those of us developing and implementing the programs of your needs and the needs of those you are working with who might be impacted by these programs and services.

1. **A Day in the Life of American Adolescents: Substance Use Data and Trends - Brad** **Nelson**

This workshop will present behavioral health statistics about adolescent substance use, including initiation, receipt of treatment, and emergency department visit for substance use "on an average or typical day." Data in this workshop will be primarily from the SAMHSA, CBHSQ Report that focuses on adolescents aged 12-17.

10:45 – 11:00 **Break – *Snacks provided* Longleaf Pre-function**

11:00 – 12:15 **Morning Concurrent Sessions F**

1. **Seven Challenges – By Invitation Only**
2. **Cultural Competency - continued**
3. **YOUth Can Make a Difference - (continued)**
4. **School Attack - Gregory Ames (Repeat of E4)**
5. **Sexual Exploitation of Youth: GBI Cyber Training – Brian Johnson (continued)**

This Cyber Safety/Bullying Training will help schools improve knowledge and capability of cyber awareness, and assist in their provision of a cybersafe learning environment. Content includes policies and procedures, prevention and invention, search and seizure, staff-related issues, forensic considerations, scope of investigation, creation of cyber safety team, and leveling acceptable use policy and internet safety policy.

1. **Active Shooter Response - Anna Lumpkin (Repeat of E-6)**
2. **Emergency Operations Plans - Kristen Higgs (Repeat of E-7)**
3. **A Day in the Life of American Adolescents – (Repeat of A-9)**

12:15 – 1:45 **Lunch Plenary – Loblolly Ballroom**

2:00 – 3:15 **Afternoon Concurrent Sessions G**

1. **Seven Challenges – By Invitation Only**
2. **Cultural Competency – (continued)**
3. **I See, You See: Explaining the Teen Perspective Cycle - Marc Fomby**

This presentation is an insight into the views and thought process of today’s youth. Participants will learn how youth may translate what they see and hear into what they “do” resulting in positive or negative behavior. Presenters, including youth, will share with participants how their experiences and perspective creates a cycle that directly or indirectly impacts and shape their lives. During the presentation, participants will follow along as presenters break down each peer and/or stakeholder group that is a part of the cycle. Participants will also explore the theory and how it can help explain youth responses to programs and administrative policies and procedures that govern youth development in the context of family, home, school and community.

1. **Sexual Exploitation of Youth: Candy Shop – Lisa Clark**

One of Street Grace’s main initiatives is the education of concerned citizens and community leaders about DMST so they may, in turn, assist others to learn and respond to the local threat of DMST. Produced by Whitestone Motion Pictures, *The Candy Shop* is a 30-minute allegorical film provoking individuals to examine the issues of DMST and emphasizing the power that one individual has in changing the situation for the better.  In this session, participants will watch *The Candy Shop* film and learn how to use it as an awakening tool to mobilize those in your circle of influence.

1. **Prescription Drug Abuse Prevention Strategies in Georgia - Powerful Voices**

**-** **Gregg** **Raduka, John Bringuel, Colleen Crawford, Erin Lee, and Diana Plazas**

Workshop attendees will be able to build their capacity to implement local Rx abuse prevention activities in three major areas: Education, Advocacy, and Secure Storage/Safe Disposal. Georgia Prescription Drug Abuse Prevention Initiative staff will cover (1) power point/webinar presentations for youth, parents, teachers, pharmacists and general audiences (2) advocacy tips and an update on Georgia legislative activity as of March, 2014, (3) strategies used in the “It’s Not What the Doctor Ordered” and Drug Drop Box media campaigns (4) the nation’s most successful drug drop box campaign and (5) current activities of the Georgia’s statewide Rx prevention collaborative and the Generation Rx Project.

1. **Teens Teaching Toddlers – Multigenerational Collaboration in Early Learning Education – Mary Womack, Jacqueline Tarver Hart, Veronica Anklam and high school students Morgan Kehoe and DeShawn Crawford**

What do you get when a retired school teacher, a nonprofit president, and two high school youth take prevention education to Head Start classrooms? A beautiful thang! Come and hear the systemic opportunities for and challenges to collaboration.

1. **Using Group Strategies to Engage Youth in Treatment– Greg Jurkovic, David Proefrock and John Izzo**

This workshop will focus on using group therapy as a means to engage youth in treatment. Group strategies designed to introduce therapeutic concepts, build rapport, and encourage dialogue will be discussed and demonstrated. This will be an experiential workshop, so come prepared to participate and dress comfortably.

1. **SOAR With Elvis; Teach your students to be Safe, Orderly, Respectful, The Elvis Way!– Gary Puetz**

A primer for developing interactive school bus safety training that trains both students and drivers. We’ll discuss the key characteristics common to effective student training and why you should develop and use teams to better protect students and develop staff.

1. **Legal Issues in Schools – Billy Mixon**

3:15 – 3:30 **Break – *Snacks provided* Longleaf Pre-function**

3:30 – 5:00 **Afternoon Concurrent Sessions H**

1. **Seven Challenges – By Invitation Only**
2. **Cultural Competency – (continued)**
3. **Marc Fomby – (continued)**
4. **Sexual Exploitation of Youth: Teacher Portal Preview – Stuart Griffin**

The Department of Education has partnered with Street Grace to create an online teacher training portal to educate all individuals working with children in Georgia public schools on how to identify and report victims of domestic minor sex trafficking (DMST). During this demonstration, participants will get a firsthand look at the Teacher Portal including what it will offer educators and how they can best utilize the tool when it is formally rolled out at the end of March.

1. **Prescription Drug Abuse Prevention Strategies – (continued)**
2. **Teens Teaching Toddlers – (continued)**
3. **Engaging Youth – (continued)**
4. **Soar with Elvis; Bus Safety – Gary Puetz (Repeat of G-8)**
5. **Legal Issues in Schools – Billy Mixon (Repeat of G-9)**

5:00 – 6:00

**Wednesday, March 5th**

7:30 – 8:00 **Registrationand Continental Breakfast provided Longleaf Pre-function**

8:00 – 9:15 **Plenary - Catoosa Rx Theater Troupe Loblolly Ballroom**

9:30 – 10:45 **Morning Concurrent Sessions I**

1. **Seven Challenges – By Invitation Only**
2. **Prevention Ethics for Prevention Recertification –**

Please read this description carefully. This course satisfies the recertification requirements for the Prevention Credentialing Consortium of Georgia (PCCG). All participants must have previously taken the 6 hour “Exploring Ethics in the Prevention Field 2020”. If you are not currently certified by the PCCG, you may not take this workshop. Participants will be engaged in group discussion and case studies according to the ethical decision making model and the Prevention Think Tank Code of Ethics.

1. **Update on Adolescent Substance Abuse: From Alcohol to Zolpidem – Christopher Wood**

Participants in this workshop will explore the current trends and issues in substance abuse among youth. Participants will learn the latest information on alcohol, marijuana, inhalants, psychedelics, prescription drugs/over-the-counter medications, and other drugs and trends. Georgia statistics regarding youth use of these drugs will also be discussed.

1. **Connecting with Your Coalitions and Stakeholders – Mike Angstadt, Lisa C. Moncrief, and Samantha Link**

Connect with youth, parents, clients and stakeholders through the use of icebreakers and teambuilding activities. Take part in this high energy training and come away with new skills for engaging and teaching others.

1. **Update of Juvenile Justice Reform – Miguel Fernandez**

In 2011 the Special Council on Criminal Justice Reform for Georgians was established to review and recommend improvements to the state’s public safety systems.  On May 24, 2012, the Special Council was tasked with the review and reform of the juvenile justice system.  In December 2012, the Special Council presented Governor Deal with their recommendations to increase public safety, reduce juvenile justice costs and improve accountability.  House Bill 242 was presented to the Georgia General Assembly in 2013 and passed unanimously during the session.  As of January 1, 2014, the revisions to the Juvenile Code are in effect.  The presentation is an overview of the key revisions under the new law by only allowing for the most serious and violent young offenders to be kept in custody.  How other youth adjudicated of misdemeanors and more minor offenses should be diverted into specialized community-based programs aimed at managing their core problems that range from dysfunctional families and anger issues, underdeveloped basic life skills, and drug and alcohol abuse.   The presenters will also speak to “unruly children” who commit “status offenses” who are now categorized as Children in Need of Services, abbreviated as “CHINS”.  Finally the presenters will speak to how DJJ will work to decrease recidivism numbers as young offenders are assessed using new tools which accurately measure criminogenic risks and needs for each youth and properly classify youth to the “right” service needs.

1. **Addressing Bullying in Schools: Things You Should Know – Quinton Fretwell**

In recent years, there has been a great deal of discourse on bullying in schools. Some may even feel that they have heard enough, until they are faced with a lawsuit, inquiry and/or news reporter. Even with a great deal of discussion and information on addressing bullying, new information continues to come out and new concerns and considerations are revealed. This session not only attempts to solidify current practices on addressing bullying. It also provides participants with new and vital information that must be noted by school officials. Moreover, preliminary research to enhance program and professional development will be shared. It is expected that session participants will leave the session with additional tools and a renewed drive to eradicate bullying in schools.

1. **Darkness to Light, End Child Sexual Abuse – Latera Davis**

Stewards of Children is a prevention training program that teaches adults how to prevent, recognize, and react responsibly to child sexual abuse. The program is designed for organizations that serve youth and for individuals concerned about the safety of children. It is the only nationally distributed, evidence based program proven to increase knowledge, improve attitudes, and change child protective behaviors.

1. **Georgia Meth Project, Meth Prevention Lesson – Latrina Patrick**

The Georgia Meth Project will present on the Meth Prevention Lesson (MPL), which is the newest tool offered to teachers to enable them to educate students about the dangers of methamphetamine use. The MPL communicates the risks of Meth use through powerful images and stories of real experiences that teenagers have faced from using Meth. The content of the MPL is aligned with the National Health Education Standards 1, 7, and 8 and the GA Health Education Standards 1, 7, and 8. This Meth Prevention Lesson provides middle and high school teachers with engaging, easy to use materials that bring to life the breadth of research on the subject in a way that is highly interactive and accessible to young people. Furthermore, teachers are able to download the program and share the engaging and interactive materials directly to their students.

10:45 – 11:00 **Break – Snacks provided**

11:00 – 12:15 **Morning Concurrent Sessions J**

1. **Seven Challenges – By Invitation Only**
2. **Prevention Ethics for Prevention Recertification**
3. **Update of Adolescent Substance Abuse – Wood (Repeat of I-3)**
4. **Connecting with Your Coalitions and Stakeholders – (continued)**
5. **Update of Juvenile Justice Reform – (Repeat of I-5)**
6. **Social and Emotional Learning and Bullying – Fretwell**
7. **Darkness to Light – (continued)**
8. **Georgia Meth Project – (Repeat of I-8)**