

MOVE FOR MOMS!

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Piedmont Park

MHA of Georgia's 5k/1k Fun Run to promote maternal mental health

What:

[Move for Moms!](#), Mental Health America of Georgia's 5k/1k Fun Run to support maternal mental health.

Where:

Piedmont Park, Atlanta

When:

Saturday November 2nd 10:00 am-1:00 pm

Why:

Because 20% of pregnant women will experience maternal mental illness, and maternal mental health touches all of our lives. Please invite your family and friends, support the cause, and help [Move for Moms!](#)

Register now! Go to www.moveformoms.com

For questions about [Move for Moms! Sponsorship](#) contact Tess Gallegos or Liz Smulian at
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