

Professional Learning Opportunity

Would you know
how to respond to
a student in
crisis?



YOUTH MENTAL HEALTH FIRST AID TRAINING

Location:

Oconee RESA
Training Center

Time:

8:30-4:00

Date:

06/28/2022

REGISTRATION:

www.oconeeresas.org

Participants will learn:
YMHFA Certification
\$250 Stipend (in-person)

Sponsored by:
GaDOE School Climate
Oconee RESA

ABOUT THE COURSE

Youth Mental Health First Aid USA is a full day public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help

PARTICIPANTS WILL LEARN:

- Assess for risk of suicide or harm
- Listen nonjudgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

